

2009 GREENWAVE VOLLEYBALL CAMP

“CAMP OF CHAMPS” – RECORD 8 STATE CHAMPIONSHIP TITLES

JULY 20TH – JULY 23RD

NEWARK CATHOLIC HIGH SCHOOL

GRADES 2-5 : 9AM – NOON

GRADES 6-8 : 1PM – 4PM

GRADES 9-12 : 6PM – 9PM



COST: \$75 INCLUDES T-SHIRT

** Camp is open to girls of all skill levels from all schools**

Please tell your friends!

- Individual and group teaching sessions
- Individual Skill Stations – diving, passing, setting, hitting, blocking, & serving
- 3 on 3 “Queens of the Court”
- 6 on 6 Games (emphasis on Team Play & transition)
- Individual Skill Competitions
- Current High School, Club, and College Players/Coaches Instructing
- Strength & Jump Training

Questions? Call 740-366-1552 or e-mail at: jerh@cgate.net

2009 GREENWAVE VOLLEYBALL CAMP REGISTRATION

Name _____

Address _____

City _____ State _____ Zip _____

Phone: _____ E-mail: _____

School: _____ Grade in Fall : _____

T-Shirt Size Circle One: YOUTH: S(6-8) M(10-12) L(14-16) ADULT: S M L XL

____ Session I : Grades 2-5 ____ Session II : Grades 6-8 ____ Session III : Grades 9-12

****Make check payable to: Jeri Helfer Mail to: 462 Meadowbrook Dr. Newark OH 43055**

Parent/Guardian Authorization: I hereby certify that my child is in good health and able to participate in camp activities. I also hereby authorize the coaches and employees of the camp to act for me according to their best judgment. I hereby release Jeri Helfer, this camp, these coaches, and Newark Catholic from any and all actions for any injuries incurred while at camp or in the process of being transported to and from camp.

Parent/Guardian Signature: _____

Emergency Phone: Work _____ Cell _____